

# **PROMOTING COOPERATIVE CARE THROUGH FAMILY INVOLVEMENT IN PERFORMING PATIENT'S ACTIVITIES OF DAILY LIVING**

**(Division of Pediatric Care - 2006)**

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## **ABSTRACT**

### **Background of the Study**

Very young individuals need assistance even with simple activities such as ambulation, feeding, exercise, etc. It is easy for the family to provide for these needs while at home because of the familiar surroundings. During hospitalization, however, family members become confused regarding the level of participation they can and should give. Without proper orientation parents, older siblings, and other family members may have little or no idea regarding what they can and can't do to help during hospitalization.

### **Objectives**

This study aimed to determine the effects of Parent Education and Direct Involvement (PEDIA) Program in promoting active participation of family members in performing activities of daily living for their patients and to determine if there is a significant difference in the level of satisfaction, competence, participation and perception of family members before and after the "PEDIA" Program.

### **Methods**

This study utilized the pretest-post test experimental design. Qualified family members of pediatric patients aged 1-6 years old with cardiac diseases were introduced to the PEDIA program, a structured orientation program on what parents and family members can do with regards to activities of daily living of their patients and how they should do it.

### **Results**

The pre tests and post tests of the twenty (20) respondents were compared. Results showed that the level of perception, competency and participation had a p-value of 0.054, 0.112, 0.244 respectively, and therefore did not have a statistically significant difference. The level of satisfaction, on the other hand, a p-value of 0.010 and is therefore considered statistically significant.

The application of PEDIA did not have a significant effect on the perception, competency and participation of the respondents but has a significant effect in their level of satisfaction.

**Keywords:** cooperative care, family involvement, activities of daily living